

We Are Strong - Salt Lake

LR Productions

February 24, 2022 - February 26, 2022

Session 1: NGA All Levels

Thursday, Feb 24, 2022

33 gymnasts

Format: *Modified Traditional*

Open Stretch Begins: *1:30 PM*

March In: *1:50 PM*

Awards: *3:50 PM*

Session 2: Level 3 & Silver Under 10

42 gymnasts

Format: *Modified Capitol Cup*

Open Stretch Begins: *4:05 PM*

March In: *4:25 PM*

Awards: *6:00 PM*

Session 3: Silver 10 & up

54 gymnasts

Format: *Modified Capitol Cup*

Open Stretch Begins: *6:15 PM*

March In: *6:35 PM*

Awards: *8:30 PM*

Session 4: Level 6

Friday, Feb 25, 2022

48 gymnasts

Format: *Modified Capitol Cup*

Open Stretch Begins: *8:00 AM*

March In: *8:20 AM*

Awards: *10:15 AM*

Session 5: Level 8

50 gymnasts

Format: *Modified Capitol Cup*

Open Stretch Begins: *10:30 AM*

March In: *10:50 AM*

Awards: *1:40 PM*

Session 6: Bronze

78 gymnasts

*Format: Modified Capitol Cup
Open Stretch Begins: 1:55 PM
March In: 2:15 PM
Awards: 4:25 PM*

Session 7: Gold

*74 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 4:40 PM
March In: 5:00 PM
Awards: 7:20 PM*

Session 8: Level 5 & Platinum

Saturday, Feb 26, 2022

*51 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 8:00 AM
March In: 8:20 AM
Awards: 10:40 AM*

Session 9: Level 7 & Diamond

*70 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 10:55 AM
March In: 11:15 AM
Awards: 2:45 PM*

Session 10: Level 9

*39 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 3:00 PM
March In: 3:20 PM
Awards: 5:35 PM*

Session 11: Level 10

*24 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 5:50 PM
March In: 6:10 PM
Awards: 8:00 PM*